

Weekly Career News

TERM FOUR

Tuesday 6 October 2015

EXAM PREPARATION TIPS

Exams are just around the corner for many students and it is essential to be prepared. Please find below study tips that assisted Jake and Joanne to cope with exam preparation.

Jake Curtis, Bachelor of Commerce, University of Melbourne

My top 3 tips for exam preparation:

- 1) Drink plenty of water and exercise as a study break. It motivates you to work hard at the desk!
- 2) Productivity snowballs. One hard core study day motivates you to do the same the next day.
- 3) Set achievable goals, e.g., I wrote an English essay every morning before breakfast- good start to the day and very do-able.



Joanne Merrilees, Bachelor of Education (Early Childhood and Primary), Charles Sturt University

Procrastination:

- Five minute rule: Knowing you have a big task to do can be overwhelming, but five minutes of study is easier to motivate yourself. Tell yourself to study for five minutes and set a timer and usually you would be on a role to keep going even further than the intended five minutes.

EXAM PREPARATION TIPS

- Social media can be a distraction, therefore I would recommend a computer application called 'Self-Control' (found through Google). This application allows you to ban yourself from any site such as Facebook and YouTube for an amount of time that you choose.

Motivation to study:

- Inspiration board – This can help to visually see your end goals. On my inspiration board, I had quotes and pictures of the career that I am currently studying for at university. In Year 12, I also had my desired ATAR on my wall that I saw everyday. You could also set your computer screen to have pictures/quotes to inspire you.

Other tips:

- Highlighters- Highlighting key information helps to break down long paragraphs of texts when re-reading information. I also used highlighters in tests to highlight the key words in each question.
- Learning definitions through flash cards – I would film myself saying the definitions and then play it back and check the flash cards to see if I was correct.
- Complete a range of past exams: This allows you encounter a variety of questions that could be similar on the exam as well as get practice on different topics. Getting feedback from doing these practice exams and looking at suggested solutions can help to further improve and understand what the marker is looking for. I also time myself so that I get used to the conditions of the exam.
- After reading a section of a textbook, make a few dot points in relation to what you have just read. I like to write in the textbook (in pencil) next to the paragraph that I have just read or on sticky notes and stick them in the textbook; this allows you to know if you can fully comprehend the information.

EXAM PREPARATION TIPS

Key websites

Destination Monash: The University has developed a blog and YouTube site featuring high achieving students sharing their exam preparation tips. It also features tips from parents who have supported their children through exams, <http://bit.ly/1j8VzRI>



Victoria Youth Central: You can search for study tips and resources. This is an excellent website as it is targeted for secondary students, www.youthcentral.vic.gov.au/

ATAR Notes: You will be able to collaborate online with other students from across the state, and access free resources, www.atarnotes.com/

Good luck and remember to make your teachers your best friends at this time of year!

VOCATIONAL & HIGHER EDUCATION NEWS

Have you considered Orthoptics? These allied health professionals play a crucial role in the early detection and treatment of eye diseases in children and adults. They can specialise in areas such as the following:

- Children's vision/paediatrics
- Eye movement disorders
- Low vision care/rehabilitation
- Cataract care and retinal disorders
- Neurological vision disorders
- Laser eye surgery and corneal conditions
- Driver vision and sports vision

There are about 500 Orthoptists in Australia and their population is ageing, which means there will be plenty of jobs in the future both in Australia and overseas. You can study to become an Orthoptist at La Trobe University and the University of Technology, Sydney.

For key information about this occupation, visit the Orthoptics Australia website, www.orthoptics.org.au/

VOCATIONAL & HIGHER EDUCATION NEWS

Are you applying for an art or design course at UNSW? You have the opportunity to submit a portfolio and boost your chances of admission. The best portfolios will be recognised with prizes and awards. For information, go to <http://bit.ly/17gUnpe>

To view the profiles of students studying a range of art and design courses at UNSW, go to <http://bit.ly/1KVze2R>



New scholarships at Australia National University:

- Students thinking about studying economics and finance can now combine these disciplines along with statistics to enable students with high mathematics capability to undertake a unique degree at ANU. Five scholarships are available. For information, email the College of Business and Economics, domestic.cbe@anu.edu.au
- Love Scholarship – worth \$50 000. There are two available. One for a student studying any course and one for a student intending to study a Bachelor of Science with a major in physics, <http://bit.ly/1KVzFud>

Interested in computing or engineering? The Australia National University College of Engineering and Computer Science Special Admission Scheme (CECS-SAS) is for admission to the following programs offered by the College:

- Bachelor of Engineering (Honours)
- Bachelor of Software Engineering (Honours)
- Bachelor of Advanced Computing (Honours)

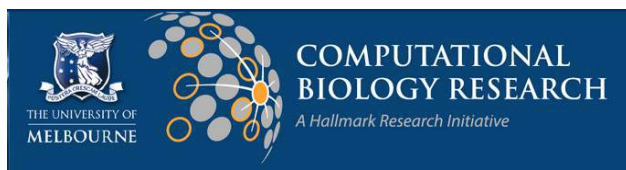
Students can apply for this scheme if they are concerned they won't achieve the required ATAR for admission. Applications are due by 13 November. For information, go to <http://bit.ly/1LawNqc>



Australian
National
University

VOCATIONAL & HIGHER EDUCATION NEWS

Computational Biology at the University of Melbourne: The University will be offering this major in the Bachelor of Science starting in 2016. Computational Biology is one of the most rapidly developing and entrepreneurial fields of modern day science. The opportunities it creates for future Science graduates are exciting and have the potential for explosive growth. Students who are interested in biology and life sciences, and have a passion for computer science or mathematics and statistics can combine these traditional sciences to be at the forefront of future science. To read about the exciting research the University is undertaking in computational biology, go to <http://bit.ly/1Z2HrTF>



UPCOMING EVENTS

Applying for Victorian courses via VTAC? If you have applied for courses via VTAC and you will be going straight to university next year, you can apply for equity and merit scholarships via VTAC. You will need to fill out the online scholarship form via your VTAC account and organise any relevant supporting statements or documents by Friday 16 October.

High School Workshops at JMC Academy: You have the opportunity to attend a workshop at JMC Academy during the school holidays. You will be able to spend the day undertaking hands on activities in your area of interest.

The following workshops will be in December:

- Contemporary Music & Performance
- Songwriting
- Entertainment Business
- Film & Television

The following workshops will be in January:

- Pro Tools
- Ableton
- Animation
- Game Development
- Rap & Hip Hop
- Motion Capture

For information, dates, venue and to book your place, go www.jmcacademy.edu.au/

UPCOMING EVENTS

Interested in design? Whitehouse Institute of Design offer courses in fashion design, interior design, and creative direction and styling. The Institute is running the following events:

- **Portfolio workshop:** This workshop will suit Year 12 students who have applied for a course at Whitehouse and need to prepare a folio for their interview. 12 & 13 November.
- **Graduate Exhibition and Parade:** You will be able to view the work of graduating students. 25 – 26 November.
- **Summer workshops:** In fashion illustration, interiors illustration, image style and sewing. 4 – 15 January 2016.

For more information and to register, go to <http://bit.ly/1WrZEOT>



University Extension Program Information

Evenings: If you are a high achieving Year 11 student and would like the challenge of undertaking a university subject in Year 12, you may wish to apply for the Monash or Melbourne University Extension Program. They will be running Information Evenings on the following dates:

Monash University: Wednesday 14 October at the Clayton Campus. For more information and to register, go to <http://bit.ly/1PZYnuv>

University of Melbourne: Wednesday 21 October at the Parkville Campus, <http://bit.ly/1Laqymd>

Medical Interviews Training Workshop:

National Institute of Education (NIE) is running training sessions for students who have applied for medicine and have achieved eligible UMAT scores. The workshops will prepare students for the MMI, MSA, structured and semi-structured interviews. For information about the workshop, dates, venue and to book your place, go to www.nie.edu.au